



Auxiliary High School

March 2018
Lunch Menu

Student Lunch \$2.90 Reduced Lunch \$0.40 Adult Lunch \$4.50

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

Great Grillers

Cheeseburger or Hamburger on a Bun
Grilled Chicken on a Bun
Served with French Fries

Deli Central Pre-Order

Made-to-Order Sandwiches and Salad Meals can be **Pre-Ordered** every morning in the Cafeteria from **8:00 am – 8:30 am**

Deli Central

Assorted Sandwiches and Salad Meals

Harvest Market

Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers
Featured Daily

Our well-balanced lunches available for the week, average between **750-850 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

Connect with us!



Questions or Concerns?

Please visit www.maschiofood.com or call Maschio's Food Services at: 973-340-5010 ext 2129

The Main Event

Monday

Tuesday

Wednesday

Thursday

Friday



Happy Spring!



1 Buffalo Chicken Dip with Soft Pretzel Sticks
Fresh Celery Sticks with Dip
Tater Tots
Fresh or Chilled Fruit

2 Twisted Cheesy Breadsticks with Marinara Sauce
Pasta Marinara
Freshly Prepared Garden Salad
Fresh or Chilled Fruit

5 Roast Turkey with Gravy
Dinner Roll
Mashed Potatoes
Steamed Mixed Vegetables
Fresh or Chilled Fruit

6 Breakfast for Lunch New Recipe!
Egg & Turkey Chorizo Burrito
Hash Browns
Fresh or Chilled Fruit

7 BBQ Grilled Chicken on a Bone & a Dinner Roll
Oven Baked Fries
Baked Beans
Fresh or Chilled Fruit

8 Breakfast for Lunch New Recipe!
Ham, Egg, & Cheese Melt on a Croissant Sub Roll
Battered French Fries
Fresh or Chilled Fruit

9 French Bread Pizza
Freshly Prepared Italian House Salad
Fresh or Chilled Fruit



National School Breakfast Week

12 New Recipe! Crispy Chicken on a Biscuit with Maple Sriracha Sauce
Sweet Potato Fries
Fresh or Chilled Fruit

13 Taco Tuesday
Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomato & Salsa
Rice
Steamed Corn
Fresh or Chilled Fruit

14 Mashed Potato Bowl with Popcorn Chicken, Shredded Cheddar Cheese, Corn, and Gravy
Dinner Roll
Fresh or Chilled Fruit

15 Buffalo Chicken Fajita
Dinner Roll
Steamed Broccoli
Fresh or Chilled Fruit

16 New Recipe! Bella's Pizza New York Style
Freshly Prepared Caesar Salad
Gelatin Fruit Cups
Fresh or Chilled Fruit

19 Crispy Bacon Chicken Swiss Sandwich
Emoji Fries
Fresh or Chilled Fruit

20 Rodeo Burger on a Bun with Onion Rings & BBQ Sauce
Sweet Potato Tots
Fresh or Chilled Fruit
1st Day of Spring

21 Meatball Parm Hero
Vegetable Medley
Fresh or Chilled Fruit

22 New Recipe! General Tso's Popcorn Chicken Lettuce Wraps with Asian Slaw
Steamed Rice
Fresh or Chilled Fruit

23 Mini Cheese Calzones with Marinara Sauce
Freshly Prepared Cucumber & Tomato Salad
Fresh or Chilled Fruit

26 Meatless Monday New Recipe! Cheese Lasagna Rollup with Marinara Sauce
Warm Breadstick
Broccoli Italiano
Fresh or Chilled Fruit

27 SCOOP-A-BOWL
Taco Meat & Cheddar Cheese over Rice with Lettuce, Tomatoes, & Salsa
Tostitos SCOOPS!®
Tortilla Chips
Steamed Corn
Fresh or Chilled Fruit

28 Roast Turkey with Gravy
Dinner Roll
Mashed Potatoes
Steamed Carrots
Fresh or Chilled Fruit

29 Half Day New Recipe! Plain or Spicy Chicken Nugget Basket
Dinner Roll
Potato Wedges
Fresh or Chilled Fruit

30 School Closed

MENU SUBJECT TO CHANGE Breakfast Offered Daily

Prepaid meals are available by setting up an account for your child at www.payforit.net

Please Make Checks Payable To:
Garfield Board of Ed.



"This institution is an equal opportunity provider"